

Center Grove Church of Christ

Pantry Items Needed

Our pantry needs your help! We are in need of a variety of items to restock our pantry and get it ready for those who are in need. If you are able to donate any of the items below, it would be greatly appreciated! The kids of our congregation will box and organize the items received as a service Wednesday project.

A few notes about pantry items:

- Any items you donate can be dropped off in the entry of the annex (on the wooden shelves). A few totes and/or shelves will be labeled "Pantry Drop Off"
- Make sure items have at least a 6 month shelf life.

The following recommendations were copied and pasted from various websites:

Canned Meat or Fish

Tuna and other canned meat, such as chicken, stew, chili, salmon or corned beef, are always in need at food pantries.

Soup

Soup is easy to store and keep on pantry shelves. Many soups provide nutritional value; and though often a meal supplement, there are many times when soup might be an entire meal for someone.

Canned Fruits and Vegetables

Although some food pantries accept fresh vegetables and fruits, canned types are preferred because there is no worry of spoilage while on pantry shelves or during transportation. Most pantries have canned beans, in particular, on their list of needed items.

Peanut Butter

High in protein, peanut butter figures prominently on the list of most needed food items in pantries across the country.

Pasta

Pasta or boxed pasta dinners, such as macaroni and cheese, and/or spaghetti sauce, make good donation items because, in most cases, a little goes a long way. Pasta is also a food that people can prepare along with vegetables, meat or just on its own.

Milk Products

Needed milk items include powdered milk, boxed puddings and cheese spreads.

Grain Products

Types of grain products to consider include brown rice, oatmeal, cereal, etc

Cereal

Boxed cereal is expensive for low-income families to purchase. In addition to having a long shelf life, which makes for excellent pantry storage, many cereals are fortified with vitamins and include healthy grains. Oatmeal is also in demand, whether instant or regular.

Baby Food and Diapers (variety of sizes)

Infant formula and baby food are expensive for those in need. Canned formula and boxed baby cereal are easy to store and in great demand.

Crackers

Perfect as a snack or as a base for canned meats, crackers are shelf-stable and portable, making them ideal for snacks and lunches. Whole grain crackers are the best bet.

Granola Bars

Food banks are always in need of quick and easy items that families can toss into lunches or eat on the go, and granola bars are just the thing.

Non-food Items

Many pantries also supply toiletries, including deodorant, soap, shampoo, toilet tissue, toothpaste and toothbrushes, shaving soap and feminine hygiene products.